

Max Tsymbalau, MS, LMHC
3417 Evanston Ave N, Suite 307, Seattle, WA 98103
206-602-0752
max@maxcounseling.com

How to Call Your Insurance

If you would like to check with your insurance regarding getting reimbursed for your work with me:

1. Call the Customer Service number for your insurance provider - it is usually located on the back of your card.
2. Follow prompts to "check on benefits" or to "check on mental health benefits," or to "talk to an agent."
3. Let the agent know that you would like to work with a mental health counselor and ask him the following questions:
 - a. "How much will I get reimbursed per session with this counselor?"
 - b. "Is there a limit on how many sessions are covered per year or per week?"
 - c. "How much is the deductible?"
4. The agent may ask you for the following information:
 - a. My full name, office address, and phone number:
These you can find above at the top of this page.
 - b. My credentials:
Licensed Mental Health Counselor (in WA state)
 - c. My license number:
LH60711517
 - d. My NPI (National Provider Identifier) number:
1225438997
 - e. My Tax ID:
81-2753077
 - f. They may also ask you whether I am "in-network" or "out-of-network":
I am out-of-network with all insurance plans. In other words, I am not contracted with any insurance plans.

If you have any additional questions, please call me at 206-602-0752 or email me at max@maxcounseling.com.

Sincerely,

Max Tsymbalau